

**We hope to be  
working with you and  
your baby soon!**

This program is a wonderful  
Opportunity for parents to learn more  
About their baby and truly  
Enjoy the experience of parenthood!

If you have questions  
Please call:  
**(520) 281-9303**



This program is made possible  
With funding from:

The Arizona Department of Economic Security (DES)  
The Child Abuse Prevention Fund

**Child & Family Resources, Inc.**  
**Healthy Families**  
**1827 N. Mastick Way**  
**Nogales, AZ 85621**



**A Collaboration of:**

**Child & Family Resources  
and  
The Blake Foundation**

**“Parents Surviving  
Kids Thriving!”**

**(520) 281-9303**

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## What can Healthy Families Do for me?

You'll receive support during your pregnancy and after the baby is born. Through this free and voluntary program, a specially trained home visitor will help your family develop a positive parent-child relationship and enhance your child's physical and emotional development.

A caring, compassionate home visitor will offer support, encouragement, and referrals for a wealth of services:

- Health care, child care, and housing
- Encouraging education and employment
- Effective parent/child interactions
- Teaching appropriate parent/child interaction and discipline
- Promoting child development and referrals for infant delayed-development screening.



## What can the Healthy Families Program do for My baby?

Your Family Support Specialist can help you give your baby the most valuable gift of all — a loving, nurturing, happy family. The Specialist will teach you ways to care for yourself during your pregnancy and your baby by providing in-depth child development, nutrition, and safety education.



## Where does this Take place?

Usually, a Family Support Specialist will visit with you in your home! We schedule appointments to involve baby's father whenever possible.



## Other Healthy Families Services:

**Lending Library:** You will be eligible to borrow **TOYS** appropriate for each stage of your baby's development. We also lend **BOOKS** and **VIDEOS** in English and Spanish on various topics.

**Playgroup:** Join us each quarter for a fun, informal playgroup. It is a time for moms, dads and babies to socialize, enjoy activities, and learn from each other.

