

**We hope to be
working with you and
your baby soon!**

This program is a wonderful
Opportunity for parents to learn more
About their baby and truly
Enjoy the experience of parenthood!

If you have questions
Please call:
(928) 428-7231



This program is made possible
With funding from:

The Arizona Department of Economic Security (DES)
The Child Abuse Prevention Fund

Child & Family Resources, Inc.
Healthy Families
301-B East 4th Street
Safford, AZ 85546



A Collaboration of:

**Child & Family Resources
and
The Blake Foundation**

**“Parents Surviving
Kids Thriving!”**

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What can Healthy Families Do for me?

You'll receive support during your pregnancy and after the baby is born. Through this free and voluntary program, a specially trained home visitor will help your family develop a positive parent-child relationship and enhance your child's physical and emotional development.

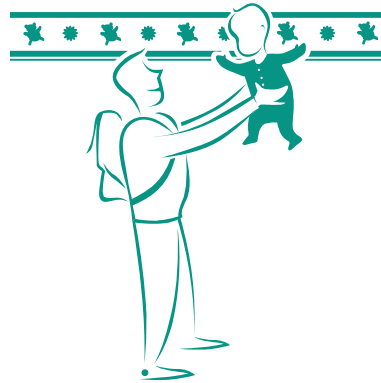
A caring, compassionate home visitor will offer support, encouragement, and referrals for a wealth of services:

- Health care, child care, and housing
- Encouraging education and employment
- Effective parent/child interactions
- Teaching appropriate parent/child interaction and discipline
- Promoting child development and referrals for infant delayed-development screening.



What can the Healthy Families Program do for My baby?

Your Family Support Specialist can help you give your baby the most valuable gift of all — a loving, nurturing, happy family. The Specialist will teach you ways to care for yourself during your pregnancy and your baby by providing in-depth child development, nutrition, and safety education.



Where does this Take place?

Usually, a Family Support Specialist will visit with you in your home! We schedule appointments to involve baby's father whenever possible. If you request, your Family Support Specialist may accompany you to the doctor or other appointments.



Other Healthy Families Services:

Lending Library: You will be eligible to borrow **TOYS** appropriate for each stage of your baby's development. We also lend **BOOKS** and **VIDEOS** in English and Spanish on various topics.

Playgroup: Join us each month for a fun, informal playgroup. It is a time for moms, dads and babies to socialize, enjoy activities, and learn from each other.

