

## You Can Succeed With Maricopa Center for Adolescent Parents

**FREE  
classes**

As a pregnant or parenting mother between the ages of 16 - 21, MCAP understands your special needs - if you want to prepare for your GED.

Finish your education in a supportive environment that allows you to work at your own pace and provides quality on-site child care free of charge.

**FREE on-site  
child care!**

You'll also participate in parenting and life skills classes that will benefit you for years to come, and you'll learn from the experience of other students facing the same challenges as you. We are here to help you meet your goals and be successful!

**Earn incentives  
for meeting your  
goals!**

## A Winning Formula is Your Road to Success!

- **Prepare for your GED**
- **Learn to make good decisions**
- **Set and reach goals**
- **Develop positive parenting**
- **Acquire job readiness skills**
- **Discover your strengths**
- **Plan a healthy lifestyle**
- **Connect with community services**
- **Make friends**

If you are a pregnant or parenting mother, ages 16 - 21, call Monday thru Friday 8:30 - 4 p.m.  
**(602) 234-3941**

## What Students Say About Maricopa Center for Adolescent Parents

"This program helps you get your GED and provides the best child care so not only are you learning, but your children are, too."

- Maria, 20

"The staff is very helpful and caring. There is a nice, clean and fun child care center on site."

-Vanessa, 18



## **SCHEDULE**

8:15 a.m.	Building Opens
8:30 a.m.	Check Children into Child Care Center
8:45 a.m.	GED Class Begins
9:50 - 10 a.m.	Break
10 - 10:50 a.m.	GED
10:50 - 11 a.m.	Break
11 - 12 p.m.	GED
12- 1 p.m.	Lunch
1 - 3 p.m.	Life Skills/Parenting
3 p.m.	Dismissal

Under the Americans with Disabilities Act, it is the policy of Child & Family Resources, Inc. to make reasonable accommodations for persons with disabilities to allow them to take part or have access to its programs, services or activities. Individuals with disabilities who need accommodation, including auxiliary aids for effective communication such as sign language interpreters or enlarged print materials are invited to make their needs and preferences known to Child & Family Resources, Inc. at (602) 234-3941.

This program is made possible by:  
Arizona Department of Economic Security-  
Child Care Administration  
City of Phoenix - WIA  
Governor's Office for Children, Youth  
and Families  
City of Phoenix Community Development  
Block Grant

# Maricopa Center for Adolescent Parents

Making Children's Lives Better  
Mejorando La Vida De Los Niños



A program of

**Child & Family**  
RESOURCES, INC.

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